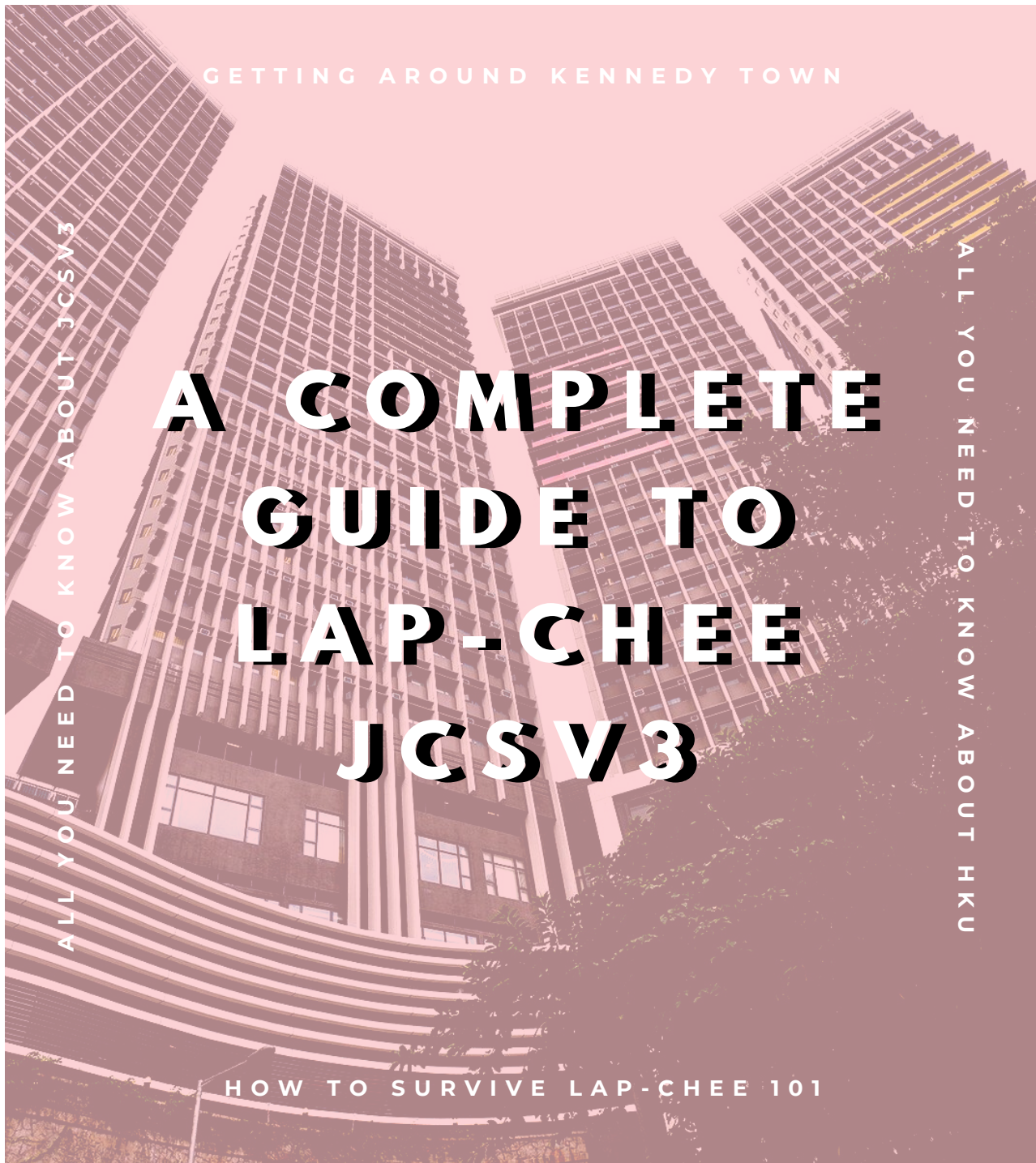


# C H E E - R S

LAP-CHEE SURVIVAL GUIDE 2021/22





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# DIRECTIONS

Home Sweet Home, Lap-Chee College JCSV3



## STOPPING BUS 12 IN CANTONESE

**suk1 se3 jau5 lok6 !**  
please stop at JCSV3!

## ADDRESS FOR DELIVERY:

C-(room number + A/B)  
Lap-Chee College,  
JCSV3, 9 Lung Wah St,  
Kennedy Town, HK

## HOW TO GET FROM KENNEDY TOWN MTR TO LAP-CHEE COLLEGE

### walk

The hall is located on a steep hill, but it's free.  
Exit from Exit C and walk past the Wellcome  
up the hill, or Exit A and cross the road mid-hill.

### minibus 12

You can catch the minibus number 12 either:  
outside exit A at Kennedy Town station,  
or in front of Kennedy Town McDs.

### taxi

Best option when you are carrying luggages.  
It will cost basic fare (24 HKD) + luggage fees if  
you have any.

# LAP-CHEE COLLEGE TUTORIAL TEAM

We have everyone you need to know, everything you wish to do,  
and every other information you need.



**SENIOR TUTOR**  
**Dr John Kubi**



**MASTER**  
**Prof Man-Fung Yuen**



**SENIOR TUTOR**  
**Ms Pauline Liu**



**Resident Tutor**  
**Ms Jackie Lloyd**  
**6F & 7F**



**Junior Tutor**  
**Ms Maitraee Mistry**  
**8F & 9F**



**Resident Tutor**  
**Mr Kit Lai**  
**10F & 11F**



**Junior Tutor**  
**Mr Mingxuan Chen**  
**12F & 13F**



**Resident Tutor**  
**Ms Nicole Wong**  
**14F & 15F**



**Resident Tutor**  
**Mr Tom Tsui**  
**16F & 17F**



**Resident Tutor**  
**Ms Sally Oh**  
**18F & 19F**



**Junior Tutor**  
**Dr Diao Tian Tian**  
**20F & 21F**



**Junior Tutor**  
**Mr Tianyang Lyu**  
**22F & 23F**



**Resident Tutor**  
**Dr Wanis Nafa**  
**24F & 25F**



**Junior Fellow**  
**Mr Hardy Chau**



**Junior Fellow**  
**Ms Crystal Lee**

## LAP-CHEE COLLEGE ADVISORY COMMITTEE

Dr Patrick Poon, Chairman  
Professor MF Yuen, College Master  
Professor Rainbow Ho  
Mr KF Kwan  
Mr KM Wong

# LAP-CHEE CLUBS

## COLLEGE AMBASSADORS (LCA)

Lap-Chee College Ambassadors aim to build a multinational and multicultural community within Lap-Chee through various college activities.

Our mission is to develop students' interpersonal, organisational, and leadership skills, build Lap Chee's identity and community spirit, and to capitalise on it, and to create a pool of responsible and responsive students to manage College activities

Join us in building Lap-Chee spirit with our fellow team members in college!



pancake morning for residents hosted by LCCA

## THE LAID BACK ART CLUB

Art club provides Lap-Cheers a space to chill.

2 sessions per month,

A typical 2-hour session features chill music, drinks, art and a lot of conversation..

## JOINT-COLLEGE DANCE TEAM

We are the Lap-Chee, Shun Hing and Chi Sun's Joint College Dance Team.

Joint-College dance team participates in hall events and conduct biweekly practices with a professional choreographer,

Dancers of all levels are welcome to join!

## LAP-CHEE GOES GREEN (LCGG)



Founded in 2019, Lap-Chee Goes Green aims to bring sustainability and environmental awareness into HKU Jockey Club Village III. We organise events with guest speakers to educate our residents but also established internal composting and recycling systems. We also manage the food waste after events to make sure the leftovers are distributed and not simply thrown away.

## ROTARACT CLUB OF HKU LAP-CHEE INTERNATIONAL

We at the Rotaract Club of HKU Lap-Chee College International aim to bring together passionate members to exchange ideas with leaders in the community, develop professional, team as well as leadership skills, and have fun through service.

Our affiliation with the Rotary Club of Hong Kong Harbour gives members opportunities to build connections not only within Lap-Chee, but also outside of it to work together and take action through service.



## RAAS

set up to help freshers get started on their academic journey. Freshers receive first-hand guidance in navigating a new educational paradigm. Every fresher who enters Lap-Chee College is automatically enrolled

## VILLAGE TO VILLAGE

An outreaching program with purpose of the outreaching to broaden resident's horizon and promote inter-institutional communication. Our aim is to build a pathway between Lap-Chee residents and the other academic, professional, as well as the public institutions. Previously, we visited Hangzhou in to carry on a series of cultural, and public service activities.

## GLOBAL DIVERSITY



GD promotes diversity in all forms, culture, beliefs, ideologies, genders, expressions and realities. Activities include the Vagina Monologues, film screenings, International and cultural presentation, Women's Day and LGBTQI festivities.

One of the highlights in previous years was the highly praised and successful staging of the world famous work: The Vagina Monologues.

## MEDIA TEAM

The Media Team welcomes all the talented photographers, videographers and budding artists. We are looking for highly interested and driven individuals

## MUSIC SOCIETY

A community where a group of musicians and music lovers come together and collaborate to perform all genres of music at various events such as High Table Dinner and International Music Festival. Lap-Chee College Music Society is divided into 3 teams: Band, Choir, and Acapella.

## HONG KONG SERIES

Hong Kong Series is an association which celebrates the Hong Kong local culture. We aim to unveil the unique and historical sides of the local HK culture to all students and establish close ties between Lap-Cheers and local communities through a variety of workshops & tours.



Interested students are encouraged to follow our new IG @lcchkseries for information about sights, facts, food, culture and more to jumpstart your uni life.

### 3SH

Stay Safe, Stay Healthy team aims to evoke the awareness of Lap-Cheers towards living a quality life by recapitulating personal health and safety measures, through a series of interactive activities.

### THINK@CAFÉ

Aims at providing a broad platform for students with diverse backgrounds and disciplines to make friends, to share ideas and to be engaged in intellectual debates. A wide range of contemporary scientific and social issues are discussed in a very relaxed atmosphere over tea and snacks.

## SPORTS CLUBS



Sports clubs bring Lap-Cheers together through fun sports events.

There are currently 12 active sports clubs in Lap-Chee. For more details for each club, head to our website and learn more about each sports.

*Hiking club, Cross-fit, Tennis, Badminton, Football (Girls&Boys), Basketball (Girls&Boys), Volleyball, Table Tennis,*

**FIND OUT MORE DETAILS ABOUT EACH CLUBS  
AND SIGN UP LINKS AT OUR WEBSITE!**

<http://www.lapcheecollege.hku.hk/student-communities/>

# LAUNDRY 101

never done laundry before? Worry not!

Everyone gets a pink smart card once you check in. It can be recharged and can be used for AC or laundry on the 26th floor. There are six washers and dryers available in Lap Chee. You are required to buy your own detergents.

Washing machine : HKD 5 / machine

Dryer : HKD 2 / 10 minutes



## HYGIENE! IS! KEY! 🧻 LET'S PREVENT COVID-19!

The kitchen, toilets, showers, and other common areas are **not** just for you.

To prevent the spread of COVID-19, please maintain personal hygiene: **clean up** after yourself and respect the common area. Also, **stealing (including food) is a serious crime** and will result in heavy consequences.

## How to avoid fire alarm? 👻 Avoid any fire!

While cooking don't leave anything unattended in the kitchen. Don't boil or cook things in your room.

JCSV3 and Lap-Chee is a non-smoking premise. Fire alarms are treated very seriously in Lap-Chee. False fire alarms can result in serious consequences.

## Keep away from Kwun Lung Lau!



You may often find it a little tiring to come up the extremely steep hill to arrive at Lap-Chee College. That steep hill is the Smithfield Road (the Green Line from the image below).

Residents are only allowed to use this road and **NOT trespass Kwun Lung Lau** (Red Lines).

Some have been caught trespassing before and any residents found trespassing Kwun Lung Lau will face **immediate suspension** as it is a "private property."



# GETTING AROUND KENNEDY TOWN

How well do you know your own town?



SCAN ME!



EXPLORE KENNEDY TOWN  
WITH OUR INTERACTIVE  
GOOGLE MAPS!

# RESTAURANTS



## Tamjai Yunan Mixian (\$)

Noodles from Yunan with variable ingredients and spiciness to choose for. Reasonable price with drinks available for purchase.

## Yuan is Here (\$)

Michelin guide restaurant with authentic Taiwanese food. It's always crowded and you can only be seated for 30 minutes during lunch hours. Low price but the portions are small.



## Man Wah Restaurant

All day canton traditional breakfasts are served in the restaurant with fruitful of selection ranging from fried eggs with toast to macaroni.

## Zeppelin Hot Dog (\$)

Local hotdog place with fried food available. Cheese hotdog with custard sauce is a must!



## Shanghai Lao Lao (\$\$)

Hygienic and casual atmosphere is ideal for relaxed lunch or dinner. It offers a range of dim sum and Shanghai dishes that are semi-authentic but tweaked to fit HK-er's taste

## Yee Kee (\$)

Located right on slope leading to Lap Chee. Opens from 4pm to midnight. A good place to go when you want some food at night. Delivery available.



# RESTAURANTS



## Sweetheart Garden (\$\$)

Steakhouse with budgeted price available along with a variety of pasta. If you're looking for a budget lunch or dinner, here's where you should head to.

## Jaspas (\$\$)

Typical western food, under Castelo Concepts.  
Personal favourite? Mac & Cheese!  
Make sure to not miss out their happy hours too!



## Sheung Hei Claypot rice 嚟嚟煲仔小菜 (\$\$)

Claypot rice cooked over a charcoal stove giving it a characteristic smokiness and a crispy crust at the bottom. Order eel and pork ribs for a rich fish aroma and luscious pork grease that coats every grain. The owner also runs a dim sum shop next door where you can order Cantonese bite-size munchies on the side.

Another Michelin guide restaurant.

## Jeffrey's Kitchen (\$\$)

Take away western restaurant with budgeted burger and spaghetti. Call in advance if you want it quickly.  
Recommendation: Truffled French Fries



## Sun Hing (\$\$)

The famous Kennedy Town 3am dim-sum restaurant.  
Recommendation: Steamy custard bun

## Genki Sushi (\$\$)

Japanese restaurant, best for sushi. It is a little pricier than other places but definitely tastes good.



# COFFEE & DESSERTS

## % Arabica (\$\$)



Iconic % coffee with a view of Kennedy Town harbour. Can be quite crowded at times.

*Recommendation: Iced Spanish latte*

## Eric Kayser (\$\$)



Bakery with coffee available. Spend \$50 dollars with a coffee for a relaxing afternoon.

*Recommendation: Iced latte*

## Lex Coffee (\$\$)



Nice decor, with a tasty brunch menu.

*Recommendation: lobster burger and tiramisu*

## Blue Place Café (\$\$)



Hidden cafe on the second floor of a sportswear shop. Comfortable environment for chilling or doing homework, etc.

## Sweet Dreamer Dessert (\$\$)



Perfect for Hong Kong weather - serves HK Styled dessert



## INSIDER'S TIP!

scan the QR Code to find more cafés in our Google maps!

# GROCERIES & SHOPPING

## Kaibo Supermarket



Cheaper options than Wellcome or Park n Shop. Buying fruits or vegetable here is recommended. It closes quite early, and staff speaks limited English.

## Park n Shop



There are again, several PnS in K-town but this is the one closest to Lap-Chee. A good balance of affordability and convenience. Have English speaking staff. Open until 10 pm.

## Japanese Home Center (JHC 日本城)



"One-stop" destinations for people looking for quality and a diversified range of houseware items. The products range from digital accessories to household decorations.

## Pricerite



Located next to KFC, Pricerite offers quality household products. It is pricier than Living Plaza or JHC, but this is where you should go to have a look at some good durable products.

## Wellcome



There are several Wellcomes in K-town, but the one below the hill is the most convenient. This wellcome is quite small, Open until 10 pm.

## Smithfield Market



A place to experience something local. The grocery market is not the cheapest, but the vegetables and fruits are in a great variety and fresher than supermarket chains.

## 759 Store



Where you can buy imported food and snacks (particularly from Asian countries) with fair price.  
*Tip! Buy over \$300 with your friends so that you can get a membership card and enjoy discounts!*

## SL...OWOOD



Live sustainably by making clean choices. Ranging from food to clothes and cosmetics Slowood offers no-packaging and environmentally friendly items for purchase.

### INSIDER'S TIP!



there are a lot of local grocery shops in Ktown! Have a walk around for fresh vegetables!

# GETTING AROUND THE UNIVERSITY

where to eat? where to print? what's what?

## GOOD UNI FOOD

Although off-campus food may be considered better, the food in HKU is cheap and also fairly fine (cost-effective).

A useful app to have is food@hku which has the opening hours and menus of all the restaurants on campus.



### BIJAS

Bijas is the place for you if you want vegetarian. A pay-by-weight buffet style and serves Canto food cooked in Buddhist style.

Highly recommend their breakfast and afternoon tea where you can get a drink + one dish for HKD24 or one drink + 2 dishes for HKD29. Closed on sundays.

### ALFAFA CAFÉ

Newly opened in centennial campus (old delifrance spot). Western casual all-day dining and with a twist of Asian taste.

### OLIVER'S SUPER SANDWICH

Newly opened in centennial campus. Menu ranging from sandwiches, pasta and baked potatoes

### COFFEE ACADEMICS

Newly opened next to the Main Library (Old Starbucks spot). Offering a range of coffee beans and some light food.

### UNION CANTEEN

Located next to composite building. Average food at budget cost.

## CYM CANTEEN

CYM Canteen is always crowded during lunch times until 2:30 pm.

Sizzler at CYM canteen is definitely a must have if you are trying to survive on a budget! They have pepper-lunch-like pan fried menus, which are popular.

Located in the CYM building, on the most top floor.

## CAFE 330

A cozy coffee shop offering set lunch and dinner menu on a daily basis as well as sandwiches and baked goods. Located in CYM building, in front of ParknShop.

## SUBWAY

Classic to-go sandwich, located in front of HSBC. Daily subs offered at \$29.

## U-DELI

Take-away store located at G/F, Union Building. It offers lunch boxes, Taiwanese-style snacks and drinks (Deep-fried Salty Chicken and Fried Squid are highly recommended!)



## INSIDER'S TIP!

You can use student discount for most places around campus, and of course on campus - make sure you ask!

# WHERE TO PRINT?

## Knowles building

Knowles building is ideal if you have special printing requirements such as if you need glossy paper or unusual sizes for a project or event.

## Lap-Chee JCSV III Lobby

Located at the 4F lobby near the smart card machine. It is a convenient location, but you can only print with a usb drive, and pay with octopus

## Main Library

To use the Main Library printing, pay using octopus card, and bring what you want to print on a usb drive using the computers provided.

Wireless printing (uPrint) is also supported by downloading and installing the printer driver on your own laptop from here:  
[https://lib.hku.hk/techsupport/WiFi\\_printing.html](https://lib.hku.hk/techsupport/WiFi_printing.html)

## Chi Wah

it allows wireless printing from your own device as long as you use uPrint service or Chiwah printing app. You start the year with 100 free units, and you can buy more from the top up machines on every floor (30hkd for 100 units).  
Nothing feels better than sending a print command from home, and just picking up the printout on your way to class

# BOOKING ROOMS IN CHIWAH & THE LIBRARY

## Chiwah

- Go to <http://booking.its.hku.hk/lebook/book/>
- Log in with HKU portal UID
- Select the date and the type of facilities you want to book
- Click on the time slots of the room you want to book
- Click on “Create”
- Room is booked. You can enter the room without tapping your UID.

## Library

- Libraries can be booked including Main Library, Dental Library, Tin Ka Ping Education Library, Lui Che Woo Law Library, Yu Chun Keung Medical Library and Music Library
- All facilities including discussion rooms, single study rooms and study tables can be booked at <https://lib.hku.hk/general/e-form/book-a-space.html>

Students can book for a **maximum of 2 hours** for each slot.

Students can book for 2 slots per day.

Bookings can be made **48 hours before** the commencement time of the slot.

# BASIC HK TIPS

Survive HK 101

## USEFUL APPS



**MTR**



**My Observatory**



**Openrice**



**eatigo**



**Foodpanda**



**Citymapper**



**pelago**



**meetup**



**planto**

# USEFUL APPS

## **MTR**

app that shows train times and routes you can take for train transits.

## **My Observatory**

A personalised weather service app developed by the Hong Kong Observatory. Quite an accurate app, must download.

## **Openrice**

A food search app/website. Almost every single restaurant is listed on here. If you ever run out of options, just use this app to find options.

## **Eatigo**

A must have for students on a tight budget. You can see all the discount deals happening at different restaurants. You can be lucky enough to get fancy food at a 50% discount.

## **Foodpanda**

food delivery services. You have to pay a delivery fee except promotional hours such as 3-5pm.

## **Pelago / Eventbrite**

An app to find an event for everything in hong kong - from learning how to build your personal brand to art therapy workshops. These two apps show the events around Hong Kong.

## **Meetup hk**

An app for communities to meet up, including recruiting sport teams, hiking activities, touring etc. You can find a meet-up event for everything around Hong Kong.

## **Planto**

This app helps to manage all your financial and banking related matters in Hong Kong. It is an app developed by HKU students.

# GENERAL SHOPPING

## DAILY NECESSITIES

### Living Plaza by AEON

All for HKD 12 only!

From here, you can basically buy all the things you need to survive in Hong Kong. You can find one right outside park n shop in Kennedy Town.

### IKEA @ Causeway Bay

Hong Kong IKEAs are comparably small, but you can buy all the necessities.

The closest one is in Causeway Bay

唔該  
ng-goi



ng-goi means both excuse me & thank you in cantonese. This is one of HK's most frequently used phrase.

# LCC Orientation

## UPCOMING EVENTS

**13 Sep**  
(Mon)

### Meet the Master

Get to know Prof MF Yuen and the tutorial team.

**11 Sep**  
**18 Sep**  
(Sat)

### Mooncake Delivery

Join our volunteers to visit local seniors on the occasion of Mid-Autumn Festival.

**24 Sep**  
(Fri)

### Welcoming Event

Talk to student team reps to find the right college teams for you.

**25 Sep**  
(Sat)

### City Hunt

Explore Kennedy Town and HKU as you team up to complete missions!

More updates in upcoming emails



**LAP-  
CHEE**  
COLLEGEHKU

立  
之  
香  
港  
大  
學



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Survival Guide